



The Magic of Portugal **Garden Delights & Artistic Treasures**

with Carol Summerfield, Executive Director,
The History Center of Lake Forest-Lake Bluff
and Craig Bergmann, Registered Landscape Architect

April 12 – 21, 2024



TRIP HIGHLIGHTS

- Enjoy a private exploration of Lisbon's Jardim Botânico Tropical, with its collection of more than 6,000 species of tropical and subtropical plants, including several rare palm trees and a 100-year-old *Yucca gigantea*
- Revel in special access to the gardens at Lisbon's Fundação Calouste Gulbenkian and witness more than 200 species of flora and 43 species of birds
- Marvel at the 17th-century Palácio Marquês da Fronteira, with its beautiful panels of handcrafted Portuguese tiles and gain access to a private garden (*pending confirmation*)
- Delight in exclusive early access (*pending confirmation*) to the UNESCO World Heritage Site of Quinta da Regaleira, an enchanting landscaped palace that includes grottoes and lush gardens that offer secretive passageways
- Take an inside look at the wine-making village of Santar and its unique ongoing project to build bridges and gates between its historical walled gardens, creating a magnificent maze of interlinked green spaces
- Conclude in Porto, where you will enjoy an exclusive visit to the Fundação de Serralves's gardens and contemporary art collections, which features more than 4,300 works, with a curator
- Venture to the heart of the Vinho Verde wine region for a tasting surrounded by an extraordinary private garden
- Visit an 18th-century Baroque-style garden, Casa do Campo, one of the most treasured and artistic private gardens in northern Portugal, for a private tour
- Stay in luxurious accommodations and savor authentic regional flavors from Lisbon to Porto



Dear Premium Level History Center Members,

The Museum Travel Alliance (MTA) is thrilled to partner with the History Center of Lake Forest-Lake Bluff to explore exclusive access to public gardens and rarely seen private gardens of Portugal. Award-winning landscape design expert **Craig Bergmann** and the History Center's Executive Director **Carol Summerfield** will be joining us on the trip to discuss the influences of Lake Forest landscape design. Craig will also discuss his approach to garden design and how it reflects and evolves from historical design work of those who have come before on these gardens.

We are excited to guide you through some of the most beautiful sites in Portugal, from Jardim Botânico Tropical to the 17th-century Palácio Marquês da Fronteira, and the UNESCO World Heritage Site of Quinta da Regaleira. We will stay in some of the most beautiful and unique hotels in Europe and dine in stately manors and private dining halls of these gardens. We hope you will join fellow garden enthusiasts in expanding your knowledge of garden history and exploring all that the lush and exotic gardens of Portugal have to offer!

This tour is exclusive to History Center members at the Silver, Gold, Platinum, and Titanium levels, in a trip that will likely book up quickly. For more information or to book your spot on this special program in Portugal, contact our tour operator at Arrangements Abroad by calling 212-514-8921 or 800-221-1944 or emailing trips@arrangementsabroad.com.

Please join us on a journey that is sure to elevate your understanding of art and culture. Happy Travels!

Sincerely,

The History Center of Lake Forest-Lake Bluff

TRAVELING WITH YOU



Carol Summerfield is the Executive Director of the History Center of Lake Forest-Lake Bluff, managing exhibitions, lectures, and expanding the archival access for the public and researchers. She presents on a variety of historical topics and loves digging into stories and finding the hidden storyline that helps

us understand ourselves and our history better. She earned her B.A. in English from Northwestern University and her M.F.A. in Sculpture and Portraiture from the School of the Art Institute, Chicago.



Craig Bergmann is a Registered Landscape Architect, garden designer, plantsman, and lecturer. He received a B.S. in biology from DePaul University in 1981 and founded Craig Bergmann Landscape Design, Inc. in 1982. Bergmann's award-winning work has been featured in several books and

numerous publications, and his own gardens and others of his design have been included on The Garden Conservancy Tours for many years. Bergmann is the editor of the book *Midwestern Landscaping*, a comprehensive and practical guide to gardening in USDA Climate Zone 5.



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Mosteiro dos Jerónimos, Lisbon

FRIDAY, APRIL 12: DEPARTURE

Depart for Lisbon on an overnight flight.

SATURDAY, APRIL 13: LISBON, PORTUGAL

Arrive this morning and transfer to the hotel. Guests opting for the suggested flights will be met at the airport and take the group transport to the hotel. A fortifying snack will be offered before today's activities. In the afternoon, drive along the banks of the Tagus to two UNESCO World Heritage Sites. Stop at the Torre de Belém, a 16th-century fortification and one of Portugal's "Seven Wonders," which served as the embarkation and disembarkation point for Portuguese explorers. Discover Vasco da Gama's tomb, as well as those of Portuguese kings Manuel I and John III at the Mosteiro dos Jerónimos, a 15th-century monastery that is a stunning example of Manueline architecture.

Continue to the nearby Jardim Botânico Tropical, Lisbon's tropical botanical garden. A large historical greenhouse stands *in situ*, and its cast-iron-and-glass construction houses an important plant collection. More than 6,000 species of tropical and subtropical flora, originating primarily from countries in Africa, Asia, and South America, are present. This evening, enjoy a welcome dinner.

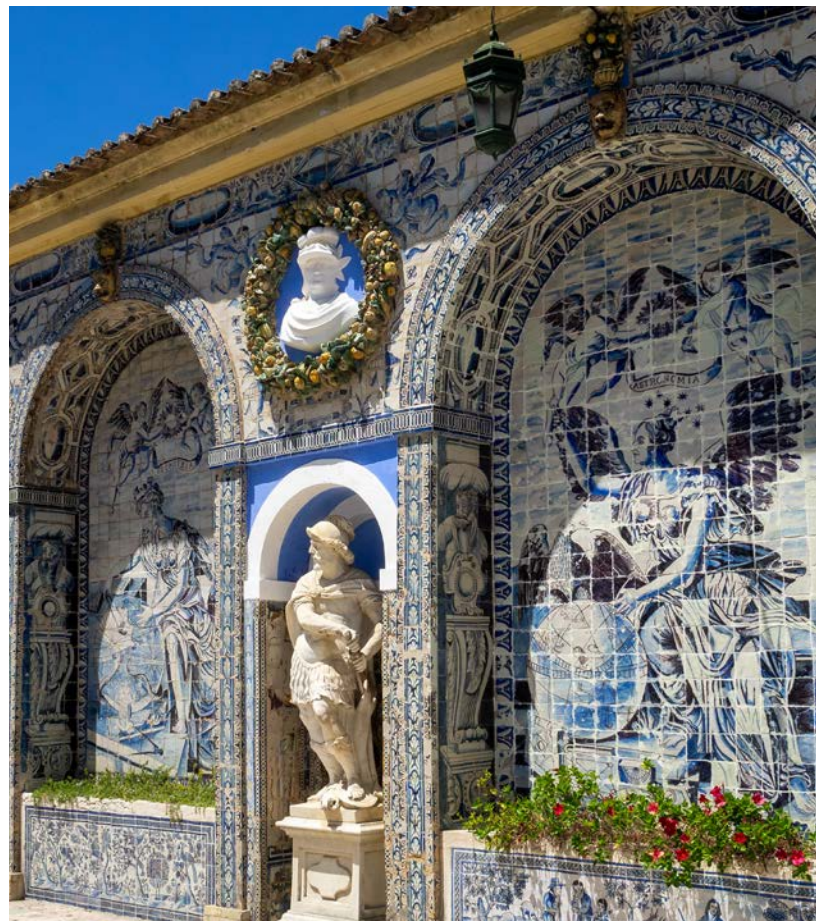
S,D

SUNDAY, APRIL 14: LISBON

After a morning introductory lecture, head to the Palácio Marquês da Fronteira, one of the most beautiful national monuments of Lisbon. Stroll through the formal garden, which is surrounded by three short walls covered with panels of *azulejos* (Portuguese tiles). Explore the Kings Gallery and the Knights Lake. In the Garden of Venus, gaze upon exotic trees and flower beds edged by boxwood. Stop at the Tanque dos Pretos, where a pool and a series of niches hold ten lead sculptures representing minor gods from ancient mythology.

After lunch, continue to Estufa Fria, formerly known as the Winter Garden, a horticultural wonderland of tropical plants and flowers from around the globe. Afterwards, you may wish to continue to the outstanding Museu Nacional do Azulejo, the National Tile Museum, in the Convento de Madre de Deus. Behold the museum's renowned collection of blue-and-white glazed panels from the second half of the 15th century through today, as well as a memorable giant illustration of Lisbon from before the Great Earthquake of 1755. Dinner is at leisure.

B,L



Palácio Marquês da Fronteira, Lisbon



Tivoli Palácio de Seteais, Sintra

MONDAY, APRIL 15: LISBON / SINTRA

Travel to Sintra, a UNESCO-listed site known for its 19th-century European Romantic architecture. Before arriving in this charming Portuguese town, enjoy a private visit (*pending confirmation*) to Quinta da Regaleira, a palace with luxurious wooded gardens featuring underground tunnels, lakes, fountains, grottoes, and a subterranean Initiation Well, an 88-foot-deep inverted tower lined with spiraling stairs. Lunch is at one of the elegant and stately manors in Sintra, the Tivoli Palácio de Seteais. Built in the late 18th century for a Dutch diplomat, this upscale property is a romantic destination in itself with its views, verdant gardens, rare frescoes, and original furnishings.

This afternoon, discover the Palácio Nacional de Queluz. The palace, known as “the Portuguese Versailles,” used to be the summer residence of the royal family, and its gardens invite you to stroll through a period when sumptuous parties were thrown. The palace and garden constitute one of the leading examples of the harmonious connections between landscape and architecture in all of Portugal. Return to Lisbon for dinner. B,L,D

TUESDAY, APRIL 16: LISBON

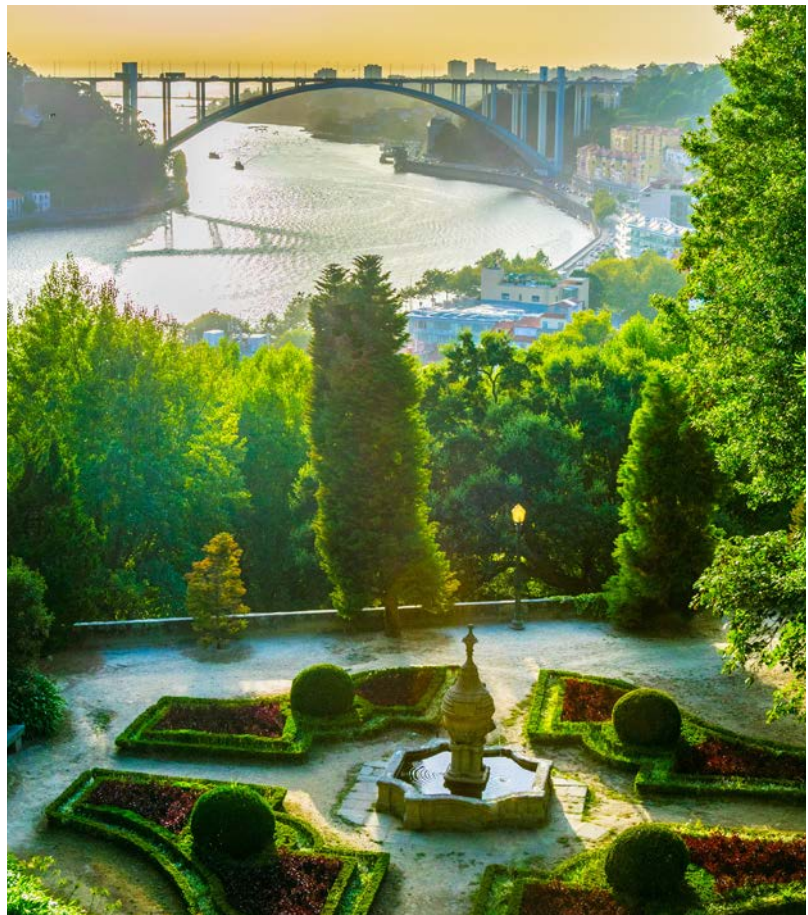
This morning, venture to the Fundação Calouste Gulbenkian, which showcases an epic collection of Western and Eastern art—featuring 6,000 pieces from Egyptian treasures to Old Master and Impressionist paintings. Pieces from Rembrandt, Rodin, Degas, Manet, and Monet are on display. The museum’s private gardens feature 230 species of flora and 43 species of birds. The careful landscape design includes hanging gardens with well-developed arboreal and shrubby layers, great avifaunal diversity, and a harmonious articulation of architecture and landscape. Lunch is at a top address for gourmet cuisine in Lisbon featuring sweeping views of the city. This afternoon, we plan to visit a beautiful private garden (*pending confirmation*). Enjoy dinner on your own this evening. B,L

WEDNESDAY, APRIL 17: LISBON / COIMBRA / PORTO

Today, depart from Lisbon to Coimbra, one of Portugal’s oldest cities, and have lunch at Quinta das Lagrimas, a 19th-century palace that once accommodated the Duke of Wellington. On the grounds, admire the garden, a true plant museum with themed gardens ranging from romantic, Japanese, and medieval to aromatic and organic. You will also find an extensive forest with rare and large trees that have grown here for hundreds of years. Meander through bamboo groves and lawns perfect for resting to the sounds of the more than 20 species of birds that live here. Continue to Porto and check in at Vila Foz Hotel & Spa, where you will have dinner this evening. B,L,D

THURSDAY, APRIL 18: PORTO

In the upper part of Porto, venture to the Jardins do Palácio de Cristal (Crystal Palace Gardens) for panoramic views of the city and the Douro as the river meets the Atlantic Ocean. Visit seven themed gardens starting with the Émile David Garden, named in honor of the architect responsible for the project. Then visit one of the most treasured gardens in northern Portugal, Casa do Campo. Camellias are the most predominant flowers in this Baroque-style garden built around the 18th century. The oldest camellia in Portugal, approximately 250 years, is found here. The garden pathways are crossed by a unique and graceful set of box trees and trimmed camellias that carry you through arches and alleyways. Here you’ll find stone tables, fountains, and a pond surrounded by cylinders, rings, sunshades, arches, and camellia cupules.



The Douro River viewed from the Jardins do Palácio de Cristal, Porto



Parador Casa da Insua, Penalvo do Castelo

After lunch on the premises, discover the magical Quinta da Aveleda. Amidst rare, centuries-old tree species, you will see a lake, a Manueline window from the 16th century, the teahouse, and two fountains—all part of a legacy that has been preserved on an eight-hectare romantic garden. The nearly 100 species of camellia trees line an avenue, which fills with different colors at the beginning of spring. The estate's main building dates to the 17th century and features several trees on the premises that have been *in situ* for centuries. Conclude with a wine-tasting experience matched with cheeses produced on the estate. This evening, dinner is at leisure for you to sample Porto's acclaimed culinary scene.

B,L

FRIDAY, APRIL 19: PORTO / PENALVA DO CASTELO / SANTAR

After breakfast this morning, transfer to Penalva do Castelo for a visit to the Parador Casa da Insua, famous for its magnificent 18th-century gardens, absolutely unique in the vastness, originality, and variety of their botanical species. After a delightful lunch here, continue to Santar, an aristocratic village close to Viseu at the heart of the Dão wine region, for an immersive experience in the Santar Garden Village. Since 2013, landscape architect Fernando Caruncho has overseen a mission to interconnect the village's collection of enchanting private walled gardens, breaking down barriers and building bridges and gates. Set in a wine growing region, the town of Santar boasts the unique feature of being crossed by an unbroken series of several garden terraces connecting vineyards and manors, unveiling its many secrets, views, and charms.

B,L

SATURDAY, APRIL 20: PORTO

This morning, discover the Fundação de Serralves complex. There, embark on a curator-led tour of its Art Deco villa and contemporary art museum, designed by Pritzker Prize-winning Portuguese architect Álvaro Siza, which currently holds more than 4,300 pieces. See the extensive formal gardens with exotic plants, winding pathways, and a farm.

After lunch on site, continue to the opulent 19th-century Palácio da Bolsa (Stock Exchange Palace), where you can explore the Sala Dourada (Golden Room) and the breathtaking, richly ornamented Salão Árabe (Arab Room). Then head to the Igreja de São Francisco, a church with interiors covered in gold from Brazil that features a one-of-a-kind wooden sculpture called *The Tree of Jesse*. Conclude with a Port wine tasting at one of the finest wine estates in Porto. This evening, toast to a remarkable tour at a farewell reception.

B,L,R

SUNDAY, APRIL 21: PORTO / RETURN

After breakfast, depart the hotel for the airport and your flights home.

B



Fundação de Serralves, Porto

PLEASE NOTE: This itinerary is subject to change at the discretion of History Center of Lake Forest-Lake Bluff and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.

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ACCOMMODATIONS

FOUR SEASONS HOTEL RITZ LISBON (OR SIMILAR)

This historic hotel in the heart of Lisbon embodies the cultural essence of Portugal with its blend of Art Deco and Louis XVI styles and spaces adorned with contemporary local artwork, while offering breathtaking views of the city's hills and tiled exteriors. Indulge in a Michelin-starred gastronomic experience at CURA restaurant after exploring the nearby city sights just steps from the hotel.

VILA FOZ HOTEL & SPA, PORTO

Set in Porto's patrician neighborhood facing the Atlantic Ocean, this 19th-century manor preserves its original architectural elements and features a sauna, Turkish bath, and spa.



Vila Foz Hotel & Spa, Porto

PROGRAM RATE
\$9,299 per person, double rate
\$11,499 single rate

RATES INCLUDE

- Eight nights hotel accommodations as per itinerary
- All meals as indicated on the itinerary (B=Breakfast, L=Lunch, R-Reception, S=Snack, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; selected local wines during lunches and dinners
- Enrichment program of lectures and talks
- Escorted sightseeing, transportation and entrance fees for all included visits
- Airport/hotel/airport group transfers for all participants on suggested flights
- Taxes, service, and portorage charges; gratuities to local guides and drivers

NOT INCLUDED IN RATES International airfare; passport/visa fees; meals not specified; alcoholic beverages other than what is noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; excess baggage; trip insurance; any other items not specifically mentioned as included.

Cover photo: Palácio Nacional de Queluz, Sintra. Highlights page: Azulejo



Palácio da Bolsa, Porto

History Center of Lake Forest- Lake Bluff The Magic of Portugal April 12 – 21, 2024 RESERVATION FORM

To reserve a place, please call Arrangements Abroad at phone: 212-514-8921 or 800-221-1944, fax: 212-344-7493; email: trips@arrangementsabroad.com; or complete and return this form with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees) payable to Arrangements Abroad. Mail to: Arrangements Abroad, 260 West 39th Street, 17th Floor, New York, NY 10018-4424.

Name(s) in full as on passport(s). Please print.

Address

City

State

Zip

Telephone (home)

(business)

Fax

E-mail

ACCOMMODATIONS

Hotel room preference ☐ One bed ☐ Two beds ☐ Single

I wish to share a room with _____

FORM OF PAYMENT

- ☐ Enclosed is my check (payable to Arrangements Abroad)
☐ Debit card ☐ Credit card ☐ Wire transfer

Name on credit/debit card

Credit/debit card number

3- or 4-digit security code

Expiration date

I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program. I/We agree to full payment 120 days prior to departure. Each participant must sign below.

Signature (required)

Date

Signature (required)

Date